

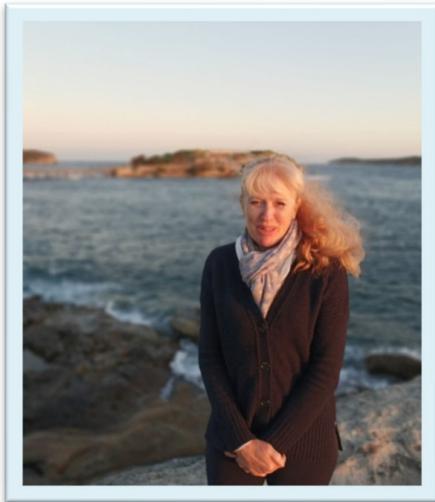


HUNTER VALLEY EQUESTRIAN CENTRE

April 2020

Hi Everyone,

April 2020 has been a very different month for everyone. We have never in our lives experienced the restrictions put upon us, due to the coronavirus. Everyone I know has adapted well and as I write this newsletter, I get the feeling our lives are going to slowly resume to what was our normal.



Last weekend in May - Out of Iso!

At HVEC we have kept all the horses in training and I have spent time concentrating on preparing Rionnarc for Inter A and B, and Roseman for Elementary level.

It's been really nice to have a bit more time for reading. At Christmas time I borrowed a book from Heath called "The Art of Classical Horsemanship" by Egon Von Neindorf. Each night I would read a few pages and visualise myself training the horses. Recently I read the latest email from the FEI and the Eurodressage story on Isabell Werth. Isabell was quoted as saying "Nothing is worth more than our health", which is such an important reminder to us during this period.

So far there is no word from the EA or the local dressage clubs regarding competitions. We must obviously have to wait a bit longer.

I have been teaching my regular pupils and emphasise the importance of training the correct way towards progressing with their horses. They must set goals, think of the future at both small and large competitions. Communication,

inspiration, good energy, positivity and concentration. During the month of April I have had more time to talk to pupils, friends and acquaintances. It has been really nice and changed the way of thinking and the way we use our time.



Preparing for lessons

At HVEC we have spent time on farm maintenance, shed clean outs, wood chopping, proper tack cleaning and everything else that comes with the job. I even inspired Emily to make more money selling guinea pigs.

As May becomes our happy month, please stay safe, healthy and warm.

Happy Mother's Day to all the Mums.

From *Shaun*



Happy Mother's Day Mum